Stamina for Sustainability – Application Form

**DEADLINE: FRIDAY, APRIL 23, 2021**

The UBC Sustainability Initiative (USI) Stamina for Sustainability program is an experiential learning course open to undergraduate and graduate UBC students of all disciplines interested in rethinking dominant approaches to sustainability and social and global change.

The program offers five virtual meetings that will happen on Zoom each Tuesday in June 2021 from 9:30-11:30am Vancouver time (June 1, June 8, June 15, June 22 and June 29), and one follow-up session in September (date/time TBD). The orienting direction of this program is to develop the capacities and the stamina that we will need in order to support individual and collective well-being in the face of unprecedented, complex global challenges.

Before going further with your application, please ensure that you have read:

* the detailed [Program Guide](https://sustain.ubc.ca/sites/default/files/StaminaforSustainabilityGuide_210315.pdf) provided by the course facilitators

… and that you understand the requirements of attendance:

* Online course, five webinar sessions (June 1, June 8, June 15, June 22 and June 29) and one closing session (September 2021)

**Eligibility Criteria**

You must be a current UBC student, and should demonstrate the following qualities and/or relate to the following:

* Have previous knowledge and/or experience of sustainability (academic and/or co-curricular involvement)
* Are self-driven, motivated, self-directed learners
* Are dissatisfied or frustrated with existing practices of sustainability, and sense a need to pause, re-evaluate, and find stamina for engaging this work differently
* Have experienced the limitations of good intentions in sustainability and the failures in a system that is driven by and rewards simple, feel-good solutions that reinforce and reproduce social and ecological inequalities
* Are willing to experience discomfort, and different ways of relating to each other and the earth that challenge our culture of problem-solving within predetermined frameworks

**Submissions**

Applications should be submitted via email to [usi.office@ubc.ca](mailto:usi.office@ubc.ca) **no later than Friday, April 23, 2021 at 11:59pm**.

Subject line: Stamina for Sustainability Application

File name: SfS\_Firstname\_Lastname

**Application Form**

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| First name: |  |
| Preferred Name (if different from above): |  |
| Last name: |  |
| Pronoun: |  |
| Email address: |  |
| Faculty (Arts, Science, etc.): |  |
| Major (or intended Major) and Minor: |  |
| Year level (1st, 2nd, 3rd, …): |  |
| Which degree are you pursuing? (undergraduate, graduate, PhD, post-doc) |  |
| Anticipated year of graduation: |  |

**For the following questions, please limit your answers to 100 – 200 words.** This application will be kept in confidence and shared only with USI staff and the program facilitators. Text boxes will expand to accommodate your writing.

Tell us a bit about yourself and why you are interested in this program.

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Tell us something of your work, activism, studies (of any kind), ways you create space for self-reflection, or pivotal experiences that have shaped you.

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What has led you to this moment of inquiry and seeking different approaches to sustainability, and forms of knowing, being, relating? What will you bring to the program?

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What is your intention in joining this course? What would you like to see happen as a result of your participation in this shared experience?

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This program includes self-directed study, embodied activities, inner processes, and peer interactions. The more fully you participate, the more you (and our community) are likely to benefit from the course. Are you able to devote time to this? Are you able to slow down and make space to explore, and sit with difficult questions?

Tell us something about how this might look for you.

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What supports you in entering difficult terrain? Emotionally, intellectually, bodily, relationally. Do you have ways and people to help you feel, grieve, process difficulties outside of the course?

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Are you prepared to learn with and alongside others, and have your perspective challenged? There are likely to be moments of difference, vulnerability, resistance, discomfort, and polarity. Are you willing/open to try and stay with that without needing to fix, fight or flee?

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For the duration of the program (June 1 – September 2021), indicate if you will have access to:

[ ] Computer  
[ ] Reliable internet  
[ ] A space to be private and feel safe during online sessions

How did you hear about the Stamina for Sustainability program?

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